

# SUMMER BOOTCAMP!

**Dates: 12<sup>th</sup> June – 28<sup>th</sup> July**

Make summer 2017 one to remember and get in shape with our 6 week outdoor summer boot camp!

**PRICE: Just £50**

**Park gym members = £25 (Half Price!)**

## What does it involve?

3 sessions per week for 6 weeks:

Monday @ 1.05pm

Wednesday @ 1.05pm

Friday @ 1.05pm



**\*\*Including a consultation at the beginning of the 6 weeks (which will need to be pre booked) as well as a final review at the end!**

**Our summer bootcamp here at the park health and fitness will consist of varied sessions ran by fully qualified instructors pushing you to your max. Affordable prices too, worked out at just £2.77 per session!**

**[www.thepark-cambridge.co.uk](http://www.thepark-cambridge.co.uk)**